


Mugberia Gangadhar Mahavidyalaya

Bhupatinagar, Purba Medinipur, West Bengal, India

VITA

Name	:	Dr. Biswajit Garai	
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Academic Qualification	:	Ph.D, NET, M.P.E.	
Designation	:	Assistant Professor of Physical Education	
Date of Birth	:	27/04/1984	
Date of Joining the college	:	14/08/2019	
Previous Employment, if any	:	Visva-Bharati and Bhangar Mahavidyalaya	
Experience (Teaching/Research/Other)	:	<ul style="list-style-type: none">- 8 years teaching experience at Bhangar Mahavidyalaya, South 24 Parganas as Guest Teacher- 10 years Coaching experience at Visva-Bharati- 2 years teaching experience at Physical Education Department Vinaya-Bhavana, Visva Bharati, Santiniketan.	
Area of Specialization	:	Exercise Physiology and Cricket	
Title of Ph.D. thesis	:	- "A Profile Study of West Bengal University level Kho Kho Players"	
Areas of Research Interest	:	- Fitness and Wellness	
Research Experience other than M. Phil/Ph.D. (Post-Doc, Sponsored Research Projects etc.)	:	Nil	
Involvement in other research activities	:	Nil	
Publications (Numbers only) (details in the table below)	:	6	
Seminars/workshops attended / Papers presented (Numbers only) (details in the table below)	:	State Level - 00 National Level - 02 International Level - 02	
Fellowships / Awards availed/received	:	<ul style="list-style-type: none">- First class 2nd in B.P.E (8th Batch) in 2006 from Visva-Bharati, Santiniketan.- Awarded with Merit scholarship for two years Graduation.	
Involvement in Academic/ Professional Organizations	:	<ul style="list-style-type: none">- Active member of Physical Education Foundation of India (PEFI), West Bengal Chapter.- Executive Committee member of Physical Education Foundation of India (PEFI), West Bengal Chapter.	
Participation in Administrative activities (with details)	:	- Worked as a Office Superintendent at Visva-Bharati Sports Board, Visva-Bharati, Santiniketan	
Any other relevant information	:	<ul style="list-style-type: none">- Organized Annual Athletic Meet at Bhangar Mahavidyalaya, South 24 Pargana since 2010.- Act as official to organized East Zone Inter University Table Tennis Men & Women Tournament at Visva-Bharati, Santiniketan in 2011.- Act as official to organized East Zone Inter University Kho-Kho (Women) Tournament at Visva-Bharati, Santiniketan in 2017.	

- Act as official to organized C.A.B Ajoy Ghosh Memorial Trophy Tournament at Visva-Bharati, Santiniketan in 2010, 2012, 2013 and 2014.
 - Act as official to organized C.A.B Inter University T-20 Cricket Tournament at Visva-Bharati, Santiniketan in 2010 and 2016.
 - Act as official to organized C.A.B Inter University Inter College T-20 Cricket Tournament at Visva-Bharati, Santiniketan in 2013, 2014, 2016 and 2017 .
 - Act as official to organized I.F.A Elliot Shield Football Tournament at Visva-Bharati University in 2011 and 2013.
 - Act as official to organized Visva-Bharati University and Patha-Bhavana Annual Athletic Meet since 2008.
 - Act as official to organized Visva-Bharati University Staff Football Tournament since 2010.
 - Act as official to organized Visva-Bharati University Staff Volleyball Tournament.
 - Act as official to organized Inter Bhavana Cricket (M), Football (M), Basketball (M&W), Table Tennis (M&W), Volleyball (M) and Badminton (M&W) Tournament at Visva-Bharati University since 2008.
 - To represented Visva-Bharati team, East Zone Inter University Kho-Kho Tournament in 2004, 2005, 2006 & 2007.
 - To represented Visva-Bharati team, East Zone Inter University Cricket Tournament in 2003, 2005, 2006 & 2007.
 - To represented Visva-Bharati team, Ajoy Ghosh Memorial Trophy Tournament organized by C.A.B. (The Cricket Association of Bengal) in 2003, 2005, 2006 & 2007.
 - To represented Visva-Bharati team, Inter University T-20 Cricket Tournament organized by C.A.B. (The Cricket Association of Bengal).
 - To represented Visva-Bharati team, Inter College T-20 Cricket Tournament organized by C.A.B. (The Cricket Association of Bengal) in 2006 & 2007.
 - To represented State Kho-Kho championship.
- N.C.C 'B' Certificate Holder.**

Details of Publication-----

Published Papers in Journals

Sl. No.	Title with page no.	Journal	ISSN/ISBN No.	Whether peer reviewed. Impact factor, if any	No. of Co-author	Whether you are the main author
1.	A comparative Profile Study of West Bengal University level Kho-Kho Players, Page no: 421-428	Tirupati Journal Services	2394-1693 and 2394-1685	5.38 (ISRA) 2017	One	Yes
2.	A Profile Study of West Bengal University level Kho-Kho Players, Page no: 1-12	Laxmi Book Publication	2277-3665	2.9052 (UIF), 2016	One	Yes

Articles/ Chapters published in Books

Sl. No.	Title with page no.	Book title, editor & publisher	ISSN/ISBN No.	Whether peer reviewed.	No. of Co-author	Whether you are the main author

Full papers in Conference Proceedings

Sl. No.	Title with page no.	Details of Conference Publication	ISSN/ ISBN No.	No. of Co-author	Whether you are the main author
1.	A study on Aerobic Fitness of Physical Education Student and Honours Subject Students, Page no: 295-297, 2015	Twenty First century Publication	978-81-89463-98-4	One	Yes
2.	Comparative study on Speed and Agility between college level Football and Cricket Players, Page No.: 17-21, 2015	Twenty First century Publication	978-93-80748-86-3	One	Yes
3.	Physical Fitness difference between foreign and Bengali Students of Visva-Bharati, Page No.: 167-170, 2015	Excel India Publishers	978-93-84869-24-3	One	Yes
4.	A study on Aerobic Fitness of Under Graduate and Post Graduate Physical Education Students, Page no: 35-37, 2013	Sarir Siksha Prakashani	978-81-923488-8-9	Two	No

Books published as author/editor

Sl. No.	Title with page no.	Type of Book, & authorship	Publisher & ISSN/ISBN No.	Whether peer reviewed.	No. of Co-author	Whether you are the main author

Details of Seminar Participation-----

Papers presented in Conferences, Seminars, Workshops, Symposia

Sl. No.	Title of the paper presented	Title of Conference/ Seminar With date	Organized by	Level International/ National/State/ Regional/College/ University
1.	A study on Aerobic Fitness of Under Graduate and Post Graduate Physical Education Students, Page no: 35-37, 2013	Man in Motion	Union Christian Training College (Department of Physical Education), Mursidabad	National Seminar
2.	Physical Fitness difference between foreign and Bengali Students of Visva-Bharati, Page No.: 167-170, 2015	Fit and Healthy India Vision 2020 A Physical Education Prespective 20 th & 21 st February, 2015	LNIFE, Guwahati, Assam	National Seminar
3.	A study on Aerobic Fitness of Physical Education Student and Honours Subject Students, Page no: 295-297, 2015	Global Excellence in Fitness and Sports Science, 6 th & 7 th January, 2015	JECRC University, Jaipur	International Conferences
4.	Comparative study on Speed and Agility between college level Football and Cricket Players, Page No.: 17-21, 2015	Sports, Health and Sports Economics, 3 rd & 4 th March, 2015	Sri Guru Granth Sahib World University, Fatehgarh Sahib	International Conferences